



TDC DE'CODE

GOVERNMENT DENTAL COLLEGE THIRUVANANTHAPURAM

QUARTERLY EDITION (FOR PRIVATE CIRCULATION ONLY)

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**MDS Exam Results 2022:
TDCians sweep off the
prodigious ranks**

PAGE 2



**'SAND WAS ONCE A MAN'
Bags The Award For Best
Short Film**

PAGE 3



**Smashes turned to victory:
GDC TVM champions of All
Kerala Interdental Badminton
Tournament**

PAGE 4



TDC welcomes Dr. VT Beena as the new principal



Dr. V T Beena took charge as the new Principal of Government Dental College, Thiruvananthapuram on August 17, 2022. She has previously served as Principal, Government Dental College, Kottayam for over a period of five years. The newsletter of TDC has begun under her able guidance and supervision.

Message from the Desk of Controller of Examination, KUHS



It is heartening to note that Government Dental College Trivandrum is coming up with a quarterly newsletter "TDC DE' CODE". Such

novel endeavours will not only help to showcase the talent of the students but also will go a long way in creating public awareness on the activities of this institution. Over the years this College has produced eminent personalities who have contributed immensely to the society. Being an alumnus of this College it gives me even more pleasure to see my Alma mater scaling greater heights in its pursuit to excellence. I am sure this newsletter is going to be yet another feather in its cap.

De jure 2022-2023 to rise; Dental College Union for the Academic year 2022-2023 elected



The college union for the year 2022-23 of Government Dental College, Thiruvananthapuram was elected unanimously. The union 2022-23 is named "De Jure-Rightfully yours". As the name suggests De Jure is all set to voice out the rights of every TDCians.

Distinguished Alumni Award



Platinum Jubilee celebration of Government Medical College Thiruvananthapuram, which is the first Medical College in the state & one of the most prestigious institutions in the country was conducted on August 26, 2022.

As part of the jubilee celebrations, Dr K Harshakumar, Vice Principal & Head of the Department Prosthodontics Government Dental College, Thiruvananthapuram, was awarded a "Distinguished Alumni Award" in recognition of his outstanding service to humanity & contributions to the medical profession. It was indeed a moment of pride & honour for TDC.

Let the feet do the talking: History made

For the first time in history of our college, Government Dental College, Thiruvananthapuram was crowned the winners of the A-Zone football tournament held at TD Medical College, Alappuzha from October 29 to November 1, 2022. A total of 35 teams from various medical, dental, homoeo, pharmacy and nursing colleges participated in the event.

The final match was played between Government Dental College, Thiruvananthapuram and Government Ayurveda College Thiruvananthapuram, in which the former won during the penalty shoot out by a score of 4-3. The entire college ran into the field filled with loud whoops following the marvelous final save by our goalie, Adithyan which was the tiebreaker of the match. The final felicitation and reward was presented by Dr. Anupama S Gopinathan, Associate Professor of Government Dental College, Alappuzha followed by a heartfelt speech by Captain Ashif and Coach Dr. Rameez.



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Heralding the festive season

Onam, the traditional festival of Malayalees, was celebrated with full gusto in TDC. Events were organised by DCU, Staff welfare forum, as well as individual departments. Staff welfare forum organised a colourful Onam on September 03, 2022 with 'Pookkalam', 'Thiruvathira', group song, 'Bhagyavaan & Bhagyavathi' lucky dip contest, fun games etc. followed by a delicious sadya. The celebrations by DCU 2022-23, under the banner "Ijjindaakk Melam" was organised on 4th and 5th of September 2022. The programs kick started with 'Pookkalam' competition followed by a festive procession around the medical college campus accompanied by 'Pulikali', 'Chendamelam' and bike rally, on the first day. This was followed by an array of competitions like 'Uriyadi', 'Chakkilottam', 'Vadamvali', 'Kalamadi', lemon and spoon etc. and concluded with a short DJ session.

The programs on second day commenced with a sumptuous Onasadya, followed by competitions like 'Malayali Manka & Purusha Kesari', 'Onappatt', 'Thiruvathira', indoor fun games and group dance wherein all batches had their active participation. TDC indeed had a very memorable Onam after a hiatus of two years.



Udbhav: To the new beginnings

TDC witnessed the much-awaited moment, the graduation of 2016 batch "Udbhav" on October 08, 2022. The chief guest was Dr Thomas Issac, former Finance Minister of Kerala and a renowned mentor, along with other dignitaries Dr Anita Balan, Dr Harsha Kumar, Dr Anulekh Babu, and student representatives Dr Sanumon Sabu and Dr Muhammad Thaseel. After the official address, the graduates were presented with their graduation certificates and mementos, followed by the oath taking ceremony. Late night witnessed the highly energetic NRJ band and vibing TDCians. The curtain came down with the official farewell of "Emmeric 16", who had already etched itself in the minds of TDCians and was hard to part with.



Graduation of 2015 batch

The 67th graduation ceremony "Deeksha" of 2015 batch of TDC was held on August 2, 2022. The ceremony began with an academic procession attended by dignitaries Dr Navjot Khosa IAS, Joint secretary in the Department of Health and Social Justice, Kerala; Dr Anita Balan, Joint Director of Medical Education; Principal in-charge Dr Harshakumar K; Dr. Aneesh, Staff Advisor and the young graduates. Dr Harshakumar declared the graduation day open and congratulated



the graduates in his presidential address. The official function was followed by an extravagant cultural night.

Street play on Suicide Prevention



As a part of NSS Unit activities and also the commemoration of the suicide prevention month, a street theatre was organized on September 24, 2022 at the college courtyard.

Students in the theatre club 'Karippacha' joined hands for the Street play. The event was inaugurated by our respected principal

Dr. VT Beena and it was conducted under the guidance of NSS unit coordinator Dr. Aneesh, Assistant Professor, Department of Prosthodontics

MDS Exam Results 2022: TDCians sweep off the prodigious ranks



Post graduate students achieve high ranks in MDS Part II Examination July 2022. Result was declared on 15 September 2022.

2nd Rank Secured In 9th All Kerala SPIK Periodontology Scholarship Exam



Dr Sankar Mahadev SB, house surgeon of TDC, has secured 2nd rank in the 9th All Kerala Society of Periodontists and Implantologists of Kerala (SPIK) Periodontology Scholarship Exam, hosted by Department of Periodontics, Amrita school of Dentistry, Edapally, Kochi on October 22, 2022.

1111th day of 2019 Batch

The batch of 2019 (Esmeros) of Government Dental College, Thiruvananthapuram celebrated their 1111th day with differently abled children of State Institute of Mental Challenges(SIMC) on August 29, 2022 at 9:30 am by organising sports and fun games for them. Cheerful film songs were sung by students – Manuraj and Ghazal. The program concluded with a variety of entertainment activities performed by inmates of SIMC. The students were applauded for their sincere efforts.



Honing talents: 'AZADI' presents opportunities

Azadi, the KUHS Arts Festival which was held for four days from 31st October, 2022 to 4th November, 2022 was hosted by Government Medical College Thiruvananthapuram, in which a total of 63 students participated from our dental college for a total of 37 events including both single and group events. TDC witnessed amazing performances by each and every one of our students. Out of the events participated, they grabbed prizes for a total of six events, as follows: 3rd prize for Group Song & Oppana, 2nd prize for JAM by Annu Joe, 1st prize for Mappilapatt by Azna Ahammed, 2nd prize for Extempore by Ashma Ashraf, 3rd prize for Mohiniyattam by Anjali Krishna, 3rd prize for Keralanadanam by Milan B. The program which suffered a bit of a lag at first caught up with the schedule and turned out to be a grand success.



Bhadra leads Kerala triathlon team at National Games



The Women Triathlon team of Kerala was led by Bhadra, at the 36th National Games of India held at Gujarat between September 27, 2022 to October 10, 2022. Bhadra is the daughter of Smt. Sreepriya, Dental hygienist, Government Dental College, Thiruvananthapuram

'SAND WAS ONCE A MAN' Bags The Award For Best Short Film



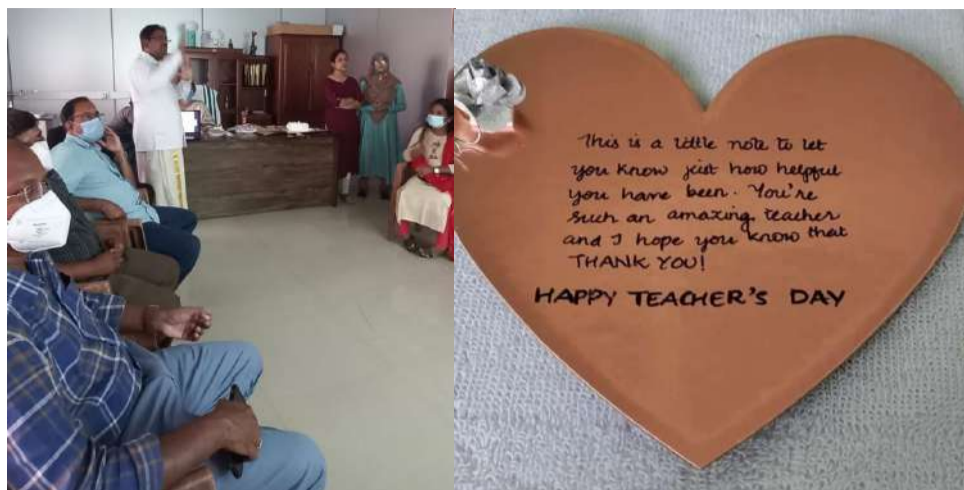
The short film 'Sand Was Once A Man' created by a group of students of Govt. Dental College Trivandrum secured the award for 'Best Cinematography' and 'People Choice Award'. Selha Shabjan, the student of 2017 batch won the title of best actress for her fine performance as the lead role. The short film is written and directed by Vimal Jose, based on the experience of his friends and the struggles they went through. The short film puts a light on ways to find hope and reduce stress for people who suffer from anxiety, depression or suicidal thoughts. It seems to be successful in bringing a positive impact on the society. The short film had also been selected for screening in 'Open Vision Film Fest, Sebha' and 'Student Impact World Film Festival'.

'The Menace of Drug Abuse'; Awareness session about drug abuse



As part of NSS unit activities in the college an awareness session, "The Menace of Drug Abuse" was held on October 25, 2022 at R Ahmed Auditorium. The resource person for the session was Dr C Venugopal, Dental Surgeon at Community Health Centre, Vandemedu, Idukki. He is also the former coordinator of District Early Cancer Detection Center, Thiruvananthapuram and also an alumnus of our college.

A day for our good shepherds: Teacher's Day Celebration



On September 5, 2022 Government Dental College celebrated Teacher's Day. Students gifted hand-made cards with their hearty wishes to their teachers.

On the special occasion, Dr Aashish Rajashekharan, Associate professor of Oral Medicine and Radiology conducted a program 'Guruvandhanam', where he gave a deep insight into the history behind the celebration of Teacher's Day and also the historical teaching practices and its evolution.

Dr Valsa Thomas promoted as Principal



Dr Valsa Thomas, the Professor and Head of the Department of Oral Medicine and Radiology, Government Dental College, Thiruvananthapuram has been promoted as principal and transferred to Government Dental College Kottayam on October 10, 2022. She was a great teacher for the students and a service oriented doctor to the public.

Women's basketball team qualified for KUHS interzone sports



The Women's Basketball team has qualified to the KUHS Interzone Sports. The team under the captaincy of Miss Sukhanya has secured 4th place in the KUHS south zone sports held at Government Medical College Thiruvananthapuram on 22 October, 2022 and was qualified to the interzone.

Talk on suicide prevention by Dr. Arun B Nair



Suicide prevention month was observed in our college with an awareness talk on September 28, 2022. Dr Arun B Nair, Associate Professor, Department of Psychiatry, Government Medical College Thiruvananthapuram discussed about the importance of mental health.

Smashes turned to victory: GDC TVM champions of All Kerala Interdental Badminton Tournament



The women's team from Government Dental College Thiruvananthapuram has won the All Kerala Interdental Badminton Tournament held at Thodupuzha on October 16, 2022. The team consisting of Dr Nirupama Narayanan, Dr Rini Jose and Miss Deepthi Mary Abraham have secured first place in the championship which was organized by the Dental Students Association in Kerala in association with Indian Dental Association.

Artists' Day 2022; Wall of Talents at TDC



As part of the International Artists' Day, student's union of TDC held an art exhibition on October 26, 2022. The young doctors and postgraduates had put great effort into the exhibition, presenting different styles of paintings and drawings, including pencil drawings, watercolors, canvas painting and acrylic paintings, which aroused the interest of viewers and art lovers. The exhibition was also visible and accessible to the public. The works were displayed in the foyer of the college and a painting area was also available for free drawing.

Editorial Board

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