



# TDC DE'CODE

GOVERNMENT DENTAL COLLEGE THIRUVANANTHAPURAM

QUARTERLY EDITION ( FOR PRIVATE CIRCULATION ONLY )

VOL. 2 ISSUE 2

FEBRUARY - APRIL 2023

Orientation on Basic Research for UG students



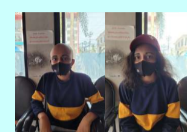
PAGE 2

Helping Hand to the Needy Through 'Sanjeevani'



PAGE 3

Wig Donation Campaign for Cancer Patients



PAGE 4

## Commemoration of the 64<sup>th</sup> Foundation Day

Government Dental College, Thiruvananthapuram was the first dental college to be established in Kerala in 1959. On the occasion of its sixty-fourth anniversary, the staff, students, alumni and PTA joined hands to celebrate its Foundation Day on February 18, 2023 at Alumni Auditorium, Government Medical College, Thiruvananthapuram. During this monumental event, the welcome address was delivered by Dr. V T Beena, Principal of GDC, Thiruvananthapuram; the inauguration was conducted by the Chief Guest Dr. K Jayakumar IAS(Retd.), Director of IMG Kerala. The event was also graced by several dignitaries namely Dr. Thomas Mathew, DME, Kerala; Dr. Anita Balan, JDME (G), Dr. Kala Kesavan, Principal of Government Medical College, Thiruvananthapuram, Dr. K Balakrishna Nair, Representative of First BDS Batch of 1959 as well the Alumni Association President and PTA Secretary of Government Dental College, Thiruvananthapuram and Dr. K Harsha Kumar, Vice Principal of Government Dental College, Thiruvananthapuram.

One of the highlight of the event was the release of our 'TDC Anthem', the lyrics of which was written by Dr. Reshmi J, Assistant Professor, Department of Pedodontics and composed and sang by Dr. Asna Ahamed AN(intern). TDC is the second Government Dental College to release its own anthem.

As part of HDFC Bank Parivartan Smartup Grand programme, an oral cancer screening device- Oralscan,worth Rs 4 lakh,developed by Sascan Meditech Pvt. Ltd. was donated to our college and handed over to the Principal by Dr. Subhash Narayan, CEO, Sascan Meditech Pvt. Ltd. The event ended on a high note with a series of energetic cultural programmes.



## TDCians show their strength!!



Nirupama Narayan



Amal B J

It's again a moment of satisfaction and happiness as the students of TDC secure ranks in the NEET MDS Entrance Examination 2023. Nirupama Narayan secured an All-India Rank of 60 and ranks 112, 142, 189, 255, 260, 286, 355 and 465 by Amal B J, Sharanya, Sheethal, Reshma P, Ardra, Liya, Mahima and Rini respectively.

## Victory for TDC...!



The pride of TDC gets heightened again as the powerful women's volleyball team becomes the champions of the KUHS Interzone Women's Volleyball Championship 2022-2023. The event was hosted by Government Dental College, Kannur on March 18, 2023. In addition, Ashni Anil was titled as the Best Player of the whole event.

## Golden sweep by the TDCians at INCEPTRA All Kerala Arts and Academic Meet winning the 2<sup>nd</sup> Runners-up Title

At the prestigious All Kerala Arts and Academic Meet- INCEPTRA organised by DSA, the TDCians shone as they won prizes in several categories. Raheemath Nooriya won first prize in Face painting, Kunjulekshmi and Shruthi won second prize in Duet Dance category, Adheena and Anjali Krishna won first prize in Mirror Dance, as well as clinching Third Prize in Mime and Third Prize in Unplugged Music. TDC also marked a historic milestone by winning the title of second runners-up. These events were held at Malabar Dental College and Research Centre



Anjali and Adheena - First prize, mirror dance



Second prize, face painting



Kunjulekshmi and Shruthi - Second prize, duet dance.



Band team, third prize



Mime team, third prize



Choreo

Malappuram on March 3,4 and 5, where our talented students stole the spotlight.

## Obituary for Dr. George Jacob



An obituary was held for Dr. George Jacob, former JDME(G), Director of Government Dental College, Thiruvananthapuram and erstwhile Professor and Head of Department of Orthodontics (1984-1996), at Dr. P P Jacob R.Ah-med Auditorium on February 22, 2023.

## World Oral Health Day Observance



A preventive dentistry outreach program was conducted in the Government Upper Primary School, Ulloor, in observance of World Oral Health Day on March 20, by Department of Public Health Dentistry. Pit and fissure sealants and topical fluoride treatment were done as part of the program. Videos for health education were also screened. In the college foyer, dental hygienists organized a health education talk. The hygienist students conducted health education talks on proper tooth brushing technique, plaque control methods and tobacco cessation.

## Training of Trainers Program



A two day 'Training of Trainers Program' on Sustained Faculty Development was organized by the Faculty Training Cell of Government Dental College, Thiruvananthapuram on April 4 and 5, 2023. The workshop was focused on building a pool of competent instructors/trainers for conducting ToT programs for newly inducted teachers and refresher course for existing teachers. The resource persons were faculties from Faculty Training Cell of Government Dental College, Kottayam and the event was sponsored by the Academic Forum, GDC Thiruvananthapuram.

## Dr. Bindu R nominated as member of Dental Council of India



Dr. Bindu R, Associate Professor, Department of Oral and Maxillofacial Surgery, Government Dental College, Thiruvananthapuram has been nominated to represent the State of Kerala in the Dental Council of India for a period of five years.

## Orientation on Basic Research for UG students



On March 15, 2023, an orientation for UG students on Basic Research was conducted at R. Ahmed Auditorium, GDC, Thiruvananthapuram. The event was wholeheartedly participated in by all the students, as the speaker Dr. Eva C. Das, Research Associate at Sree Chitra Thirunal Institute of Medical Sciences and Technology, Thiruvananthapuram provided valuable guidance and information regarding basic research and highlighted significance of research and opportunities within the field.

## Celebration of National Conservative Endodontics Day

On March 3, Department of Conservative Dentistry and Endodontics, GDC Thiruvananthapuram celebrated National Conservative- Endodontics Day at R Ahmed Auditorium. As a part of this six rounds of exciting quizzes were held. After a series of exciting rounds, Dr. Sudheesh M (intern), Aromal B (IV BDS Part II), Nasmiya K (III BDS) and Thanseela Shaji (I BDS) won the first position while Vivek S (Intern), Blessy, Aswathy Jayakumar (IV BDS Part I), Annu Joe (III BDS) and Kajal Gupta (I BDS) won the second position. The whole event was enthusiastically participated in by all and was surely an event to remember.

## Inauguration of HDS canteen



March 9, 2023 has been a memorable day for the students and staff of TDC. TDCians no longer need to wander around searching for a place to eat as our very own canteen with snacks, food, fresh juice and desserts has become operational. HDS in association with Kudumbashree has made this long awaited dream of TDCians come true. The canteen was inaugurated by Medical College Ward Councillor Shri. D R Anil. The auspicious lamp was lit by Dr. Beena VT, Principal of TDC, Dr. HarshaKumar K, Vice Principal of TDC and Vimal Jose, DCU 2022-23 Chairperson. Various staff members and students were present for this event. Free tea and various mouth-watering snacks were distributed to everyone present.

## Undergraduates bring home prestigious Oral Patho Genius Award



Competing against twenty two dental colleges at All-Kerala level, as a part of the Jacob Zachariah Award event, in the preliminary round, two of our students Dr. Aravind S.S. (Intern) and Sandra Joyi (IV BDS Part I) clinched the first position for the team event and got selected for the finals. For the finals held on March 5, 2023 at The PGS Vedanta, Kochi, Sandra Joyi secured the Second Prize and Dr. Aravind S.S. secured the Third Prize and made sure to bolster the banner of Government Dental College, Thiruvananthapuram.

## Accolades to Dr. Sreeja J



Dr. Sreeja J, Associate Professor of Conservative Dentistry and Endodontics of our college has received the 'Excellence Award' by

IDA Kerala state in connection with Dentist's Day program held at Kottayam on March 6, 2023.

## Obituary for former tutor Kamala B



Kamala B, former Dental hygienist tutor of Government Dental College Thiruvananthapuram passed away at the age of 80 years on April 26. She served at the college for 36 years. An obituary was organised at the college on April 27, 2023.

## Farewell to retired ACO



Mr. Dinesh, our ACO retired from government service on April 30, 2023. A small token of love and gr-

atitude from the Staff Welfare Society was presented to the esteemed ACO on April 29, at the Principal's chamber.

## Garments with dry condoms :TDCians bag Second Prize



To commemorate International Condom Day on February 13, a first of its kind event was held at Ayyankali Victoria Jubilee Town Hall, Thiruvananthapuram. AHF - AIDS Healthcare Foundation in collaboration with Kerala State AIDS Control Society (KSACS), Hindustan Life Care Limited (HLL) and Alliance Francaise Trivandrum had organized this event. To destigmatize the notions around condoms, a competition was held to make fashion garments out of dry condoms, where TDCians won the second prize for their exemplary designs.

## PG Student secures Second Prize at Forensic Odontology Conference



Dr. Parul Dixit, second year Junior Resident, secured second prize for her Scientific Presentation titled 'Decoding of the Case via Bite Mark Analysis' held on February 3

and 4, at the National Symposium on Forensic Odontology and Disaster Victim Identification held at M.R. Ambedkar Dental College and Hospital, Bangalore.

## Helping Hand to the Needy Through 'Sanjeevani'



As always, TDC makes its priority of helping the deserved ones through 'Sanjeevani', which is an initiative to provide medicines free of cost to those who cannot

afford them. The system which was already in practice, was reinvigorated by the Principal Dr. V T Beena on March 22, 2023.

## TDC paved the way!!



TDC is again at its moment of pride as the students lift the Championship title of the All-

India Intercollegiate Volleyball. The team defeated NIT Karnataka to secure the title. The event was held as part of the Ragam'23 organised by NIT Calicut on March 12, 2023.

## Staff Welfare Society conducts an array of events

On February 14, a get together was organized by the Staff Welfare Society. The occasion was made splendid by the songs and poems presented by the employees. Along with this a loveletter writing competition was also held to mark the Valentine's Day.



Under the aegis of the Staff Welfare Society, the International Women's Day was celebrated on March 9 at R. Ahmed Auditorium. As a part of this prestigious event, a Self Defence Awareness Class, by

Smt. Jaseera Ansar (Managing Director, Ultimate Group for Sports, Taekwondo 4<sup>th</sup> dan Black Belt) was conducted along with the honouring of senior staff members Smt. Indira and Smt. Sudha.



The staff Welfare Society also organized a class on Income Tax and investments, to increase the awareness in investments and monetary benefits among employees, on March 28, 2023. Mr. Sudhakaran Namboodiri, representative of the wealth factor, Technopark, a renowned insurance and investment consultant, was the speaker.

## TDCians shine at Indian Prosthodontic Society Conference



The prestigious Indian Prosthodontic Society Conference was held on April 30, at PMS Dental College, Thiruvananthapuram. I S Ardra (IV BDS part I) was awarded for the Best Preclinical Prosthodontics work in Kerala, and Dr. Sankar Mahadev (Intern) was recognised and honoured for receiving highest mark in Final BDS Examinations.

## Effective Communication : The Human Connection



An interactive session about having an effective communication in day-to-day life was organized by the Employees Grievance Redressal Cell of our college. Ms. Soudamini S Kumar, renowned freelance trainer in soft skills and IMG guest faculty was the orator. The event was held at R Ahmed Auditorium on April 27, and was well-attended by faculties and other staff members.

## National Oral Pathology Day observed



National Oral Pathology Day was observed on February 25, on the occasion of

birth anniversary of legendary Oral Pathologist Dr. H. M. Dholakia, who holds the distinct honor of being the first postgraduate teacher of Oral Pathology in India. The program was attended by Oral Pathology Head of the Department Dr. Padmakumar S K; Dr. R Rajeev, Dr. Sivakumar S K, Dr. Manju M Stephen, Dr. Nivia M and other faculties from various departments. A Quiz competition on various topics from the field of Oral and Maxillofacial Pathology & Microbiology was conducted for students and interns. Team consisting of Agneya G (Intern), Blessy Maria ( IV BDS Part II), Sandra Joiy (IV BDS Part I), Nasmiya (III BDS), Anusha P (I BDS) won the first prize.

## Inauguration of Women's Grievance Cell

On the glorious occasion of International Women's Day, on March 8, the Women's Grievance Cell was inaugurated at R. Ahmed Auditorium, GDC, Thiruvananthapuram. Women's Grievance Cell convenor, Dr Vidya K.G (Assistant Professor, Conservative Dentistry and Endodontics) welcomed the gathering. The chief guest for this prestigious event was Dr. T.N. Seema, Nava Kerala Mission Coordinator and the function inaugurated by Dr. Beena VT, Principal, GDC, Thiruvananthapuram.



## A table for two - Inauguration of TT table



TDC's new ping pong table has been inaugurated by Dr. Harshakumar K,

Vice Principal of TDC on March 30, 2023 at R Ahmed auditorium. In association with the inauguration, a Table Tennis tournament was organised. The men's event was won by senior resident Dr Bimal Boswel with Dr. Arun TJ,, Assistant Professor OMFS as the runner up. The women's event was won by Reeva Anna with Aswathy as the runner up. It was a highly competitive event that kept the audience on the edge of their seats.

## Welcoming new faces and bidding adieu to old ones

The first quarter of 2023 saw many transfers. Dr. Santhosh Kumar S (Professor and Head, Periodontics), Dr. Sreejith Kumar G (Professor and Head, Orthodontics), Dr. Girija (Associate Professor, Oral Medicine and Radiology), Dr. Anulekh Babu (Associate Professor, Conservative Dentistry and Endodontics) got transferred to other colleges. Dr. Raseena Beevi N (Professor and Head, Periodontics), Dr. Suja Ani G (Professor and Head, Orthodontics), Dr. Sunu Ramachandran (Associate Professor, Oral Medicine and Radiology), and Dr. Anupama S G (Associate Professor, Conservative Dentistry and Endodontics) joined our college.

Dental hygienist Ms. Aswathy was transferred to Govt. Dental College, Kottayam from our college, while Mr. Satheesh and Mrs. Sulu moved to our college from Govt. Dental College, Kozhikode.

## Wig Donation Campaign for Cancer Patients



As a part of the hair donation campaign organized for cancer patients, the college union has delivered wigs directly to about 15 patients. During the time period 2021-2022, the SFI unit and college union organized hair donation campaign which gained support among various celebrities like Sunny Wayne, Unnimukundhan, Neeraj Madhav and Ahaana Krishna. People all over Kerala have taken this campaign into their hearts and 300+ donors offered their support by donating hairs. The wig which normally costs about 4000-5000 rupees, was provided free of cost by the students.

## Editorial Board

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( Assistant Professor, Department of Periodontics )
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