



# TDC DE'CODE

GOVERNMENT DENTAL COLLEGE THIRUVANANTHAPURAM

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## TDC Bags the South-Zone Football Championship



At the prestigious South-Zone Football Championship, TDC repeated history by winning the KUHS A-Zone Football Championship on December 2<sup>th</sup>, 2023. The South-Zone Championship was hosted by Government Dental College, Thiruvananthapuram from November 24, 2023 to December 2<sup>nd</sup>, 2023. TDCians were brimming with pride as the team raised the title consecutively under the leadership of Captain Mohamad Ashif and Sports Co-ordinator Dr. Pratheek V S.

## TDCian elected as KUHS UG Union Chairperson for the first time



For the first time in the history of Kerala University of Health Science(KUHS), a Dental student, Kanishka B of 2020 Batch, Government Dental College, Thiruvananthapuram was elect-

ed as the UG Union Chairperson on November 25<sup>th</sup>, 2023 in a Senate Election held at KUHS, Thrissur. She will serve as a Senate Member in the KUHS Union 2023-2024.

## Republic Day Celebration at TDC



The 75<sup>th</sup> Republic Day was celebrated on 26 January, 2024. The flag was hoisted by Dr. Rita Zaina, Professor and Head, Department of Pedodontics, at the College Courtyard in the presence of students, teaching staff and non-teaching staff. Sweets were distributed after the function.

## Celebrating the Worth of Malayalam



A week-long program was organised in the college to highlight the importance of using the administrative language - Malayalam. The program commenced on 1<sup>st</sup> of November which is observed as Kerala Piravi Dinam that commemorates the day in which the state was unified in 1956. Principal Dr. V T Beena inaugurated the function. The Chief Guest of the day was Mr. Ezhacherry Ramachandran, renowned Malayalam poet and lyricist.

He also gave a speech on the importance of Malayalam and the visible degradation in its usage in today's generation. On the following days, various competitions like essay writing, recitation, elocution and dictations were organised for both students and staff and the prizes for which were distributed later on the on 9<sup>th</sup> of November by the Principal.

## Best College Union Award received



For the first time in the history of Government Dental College Thiruvananthapuram, De Jure Dental College Union 2022-2023 has won third best college union award under KUHS, lead by union chairperson Dr. Vimal Jose, with vice chairperson Dr. Sruthi Suresh and Dr. Agneya and General Secretary Aravind S S. Award was presented by Dr. Anish Kumar, KUHS exam controller at Homeopathy College Trivandrum and the award was received by Vimal Jose, union chairperson, De jure College Union 2022-2023.

## TDC commemorates World AIDS Day



The enthusiastic DCU of TDC collaborated with AHF, under the watchful guidance of Dr. V Sam Prasad, Country Director of Aids Health Foundation India on December 1<sup>st</sup>, 2024 to observe World AIDS Day. A campaign called "I do" had been launched professing that the students of TDC do care for the People Living with HIV/AIDS and that they would give expert dental services to all without stigma or bias. A flash mob as well as a parade was organized to increase sensitivity and spread awareness amongst the public.

## Dr. Suja Annie transferred to GDC, Kottayam

Dr. Suja Annie, erstwhile Head of Department, Department of Orthodontics, Government Dental College, Thiruvananthapuram, was transferred to Government Dental College, Kottayam and received a promotion to the post of Principal on 8th November, 2023.

## Reeva makes college proud again



Reeva Anna Michael of 2022 Batch became the Title winner of Table Tennis Women's Single Championship. The event was a part of the KUHS Inter-zone Sports Meet held on 18<sup>th</sup> December, 2023 at Jubilee Mission Medical College, Thrissur.

## First ever Women's Football Team of GDC Thiruvananthapuram formed



Government Dental College, Thiruvananthapuram launched the first ever Women's Football Team on January 19<sup>th</sup>, 2024 under the holistic coaching of Tony J L, Adithyan J P, Jayakrishnan and Mohammed Razi. They made their debut by participating in the Interzone Women's Football Tournament held on January 19<sup>th</sup> and 20<sup>th</sup>, 2024 at Government Medical College Thiruvananthapuram.

## Dental Stall organised at Navakerala Sadassu Exhibition



As part of the Navakerala Sadassu Exhibition held from December 17 to 23, 2023 at Greenfield Stadium, Karyavattom for Kazhakuttom constituency, a Dental Stall was organised by the college for the public. It was arranged by House Surgeons and First Year Students under the supervision of Dr Aneesh and Dr. Sarath.

## Cognition 3.0 Released



Cognition 3.0, the all inclusive exam book for first years was released. The book provides valuable guidance for first

year students and was prepared by the Senior Students of Thiruvananthapuram Dental College with Nasla and Shehabas K as the Editors. Around 700 first year students across 16 Dental Colleges in Kerala purchased this guide. The First as well as Second Edition of this book was very well received and garnered support and compliments.

## Medical Camp by Staff Welfare Forum



On 29<sup>th</sup> November, 2023, a Medical Camp was conducted by Staff Welfare Forum for employees, at R. Ahmed Auditorium, Government Dental College, Thiruvananthapuram.

## Honouring our Athletes



A gathering was held at the R Ahmed Auditorium on December 4<sup>th</sup>, 2023 to celebrate the athletic achievements of our college. Among the felicitated athletes are the Men's Football Team who emerged as the Champions of KUHS South- Zone Football. Shuaib Mayin (2022 Batch) was applauded on securing the Best Player Award. Women's Basketball Team secured the First Runners Up position in South-Zone Basketball match. Reeva Anna Michael (2022 Batch) became the KUHS A- Zone Intercollege Women's Table Tennis Champion. Shameel Zaman P O (2021 Batch) represented KUHS in the South-Zone Inter University Athletics Championship Men's 100m Run. He was also part of the KUHS 4 x 100m Relay team, which made it into the semifinals. Deepthi Mary Abraham (2021 Batch) emerged as the First Runner Up in KUHS A-Zone Women's Singles. All these athletes have raised the banner of TDC and made us proud.

## Christmas Cheer at TDC



The merriment of Christmas was rung in by students of college by being among the strong and vibrant group of people battl-

-ing cancer at Sanadhalayam. This festive occasion which took place on December 21<sup>th</sup>, 2023 left everyone's hearts feeling joyous.

## Athletes clinch trophies in the KUHS Badminton Tournament



In the prestigious KUHS Badminton Tournament held on November 16<sup>th</sup>, 2023 at the Stones and Feathers Badminton Court, Thiruvananthapuram. Deepthi Mary Abraham (2021 Batch) secured the position of First Runner-up in Women's Singles Match. TDC's Women's Badminton Team became the Second Runner-up while the Men's Team qualified to participate for the Inter-Zone Competition.

## Selection into KUHS Women's Badminton Team



Deepthi Mary Abraham, became the first ever student of Government Dental College Thiruvananthapuram to get selected to

KUHS women's badminton team held on 12<sup>th</sup> December, 2023.

## ID Cards issued

Distribution of ID cards issued by the Staff Welfare Society was held on November 3<sup>rd</sup>, 2023. It was inaugurated by giving the first ID card to Dr. Bisna Lulu, Junior Resident of Department of Oral Pathology and Microbiology by the Principal, Dr. V T Beena.

## Selected to KUHS athletic team



Shameel Zaman P O, of Government Dental college, Thiruvananthapuram, represented KUHS and finished as 32<sup>nd</sup> position among 160 athletes, in the South Zone Inter University Athletics Championship - Men's 100m run, held at Tamil Nadu Physical Education and Sports) University

(TNPESU). He had taken part in camps conducted at Kozhikode from 20<sup>th</sup> to 26<sup>th</sup> December and Chennai from 28<sup>th</sup> December to 1<sup>st</sup> January. Zaman was also part of the KUHS 4x100m Relay team, which made into the semi finals, creating history, being the first ever KUHS relay team to enter the semi finals.

## Condolence Meeting held for Dr. Mumthas



A Condolence Meeting was held for Dr. Mumthas, First Year PG, Department of Oral Pathology and Microbiology who passed away on November 20<sup>th</sup>, 2023 at KIMS after succ-

umbing to dengue. The condolence meeting was held at R. Ahmed Auditorium on November 22<sup>th</sup>, 2023 and was an emotional event that honoured her life. May her soul rest in peace.

## World Radiology celebration day at TDC



In commemoration of World Radiology Day, a Dental Radiology Quiz competition, 'The Grey shadows- Skiagraphs'

was organized by the Department of Oral Medicine & Radiology in association with TDC Research committee and ASMIK for undergraduate students from various dental colleges across Kerala at R Ahammed Auditorium, Government College, Thiruvananthapuram on 8<sup>th</sup> November 2023. BDS students from 5 Dental colleges of South Kerala have participated in the competition. Quiz Master Dr. Asish R, Associate professor, Dept. of OMR, GDC, Trivandrum conducted the quiz in a very interactive way and the teams participated with great enthusiasm. The students showcased their brilliance by rapidly answering the questions. Though some of the questions were very tricky, the teams tried to answer them with confidence. Although the teams participated actively, the team that scored the most was Curie Team (Sri Sankara Dental College, Varkala) followed by the Team Roentgen (PMS Dental College, Vattapara). It was very informative and knowledge enriching competition for the participants along with the audience. The names of the winners were announced at the end of the ceremony. The Principal of the GDC, Trivandrum, Dr. Beena V T, motivated the students by providing them with certificates and prize money. The first-place winner received a certificate and Rs. 3000/- in prize money, while the second-place winners received Rs. 1500/- and certificate. All the other participants also have received participation certificate from the Principal.

## Little Smiles -Preventive Dentistry Program



A preventive dentistry program, "Little Smiles" was conduct-ed in Government Upper Primary School, Ulloor

part of Children's Day on November 14<sup>th</sup> by the Department of Public Health Dentistry. A training program led by Dr. Athira was also conducted to impart awareness on oral health to ASHA workers of Integrated Family Health Center Pangappara.

### Editorial Board

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